

April 2022 – March 2023

# SNAPSHOT 2023



## Measuring the success & strength of London and Middlesex County by the **health and wellbeing of its citizens.**

### KEY

**IPV** Intimate Partner Violence

**SV** Sexual violence

**HT** Human Trafficking



## Community profile

- 519,000** Population (*Fastest growing city in Ontario, 4<sup>th</sup> fastest in Canada*)
- 29%** Londoner's identify as a visible minority
- 3 in 4** London's new residents are immigrants
- 11,000** Indigenous people in London, making up 2.6% of the population.
- \$18.05/hr** Living wage in London (*Minimum wage \$16.55, deficit gap to COL for single person is \$817/month, Ontario Living Wage Network*)

Top 3 languages – Arabic, Spanish, Kurdish

Oneida of the Thames & Chippewa of the Thames, 2 of 3 FN's reserves in London & Middlesex, currently have boil water advisories (*Chippewa since 12/14/2022 & Oneida since 9/1/2019*)

Cost of living - \$3,182 (single) or \$5,787 (family of 4) (*Expatistan*)

2<sup>nd</sup> highest poverty rate (*behind Windsor*) of the region's seven major cities with 10.6% of the population unable to afford a set list of modest necessities including food, shelter, clothing and transportation (*Statistics Canada*)



## Employment, Social Assistance & Housing

- \$1672** Average cost of 1-bedroom apartment (*33.5% increase since 2020*)
- 17,997** Monthly avg. of beneficiaries on Ontario Works
- 5878** Individuals or households on wait list for rent-gear-to-income housing
- 2,241** People experiencing homelessness
- 21.4%** Renting households spending more than 30% of income on housing (*vs 12.1% Ontario avg. - Affordable housing is defined as spending less than 30% of income on housing*)



## Crisis & Helplines

- 7226** Counselling for victims of crime & tragic circumstances (*Victim Services*)
- 18,142** IPV/SV crisis calls (*Anova, LAW, WRRCSA*)
- 11,418** Crisis response interactions (*CMHATV*)
- 43,034** Mental health & addictions crisis & support calls (*CMHATV*)
- 8362** Children's mental health crisis calls (*Vanier*)
- 6,685** Clients receiving addiction counselling (*CMHATV*)



## Policing & Justice

### Total Incidents Reported:

	London	Middlesex	Strathroy
<b>IPV</b>	1,045 ↓ 14.6%	360 ↓ 10.6%	278 ↑ 33.7%
<b>SV</b>	609 ↑ 11.5%	53 ↑ 10.4%	23 no change
<b>HT</b>	91 ↑ 28.1%	3 ↓ 57.1%	0 no change

- 569** IPV offender program completions (*Changing Ways: Partner Assault & Being the Change Programs – intersecting issues of poverty, mental health, substance use, homelessness & unemployment*)
- 276** Outreach supports to victims/current partners (*Changing Ways: Partner Assault Program, Being the Change Program*)
- 69** Dads, 213 children & mothers (*Changing Ways: Caring Dads Program*)
- 2984** Counselling for individuals involved with the justice system (*John Howard Society*)
- 2173** Individuals supported (*St. Leonard's*)



## Children & Youth

- 1106** Supervised access exchange transfers (*IPV was #1 reason - Merrymount*)
- 707** Children supported (*Merrymount, All Kids Belong, 230% increase over 2022*)
- 25%** Children & youth that struggle with mental health issues
- 24.5%** Children & youth in care who identify as FNIM
- 520** Child protection files opened due to reports of IPV (*20.6% of all child protection files*)
- 2401** Clients, 160 Talk-In Clinic, 571 sessions (*Vanier*)
- 149** Individuals in Youth Emergency Shelter (*Avg. stay was 92 days, Youth Opportunity Unlimited*)
- 644** Youth turned away due to capacity
- 498** Pediatric sexual assault incidents (*Regional Centre, 107.5% increase over 2022*)



## Safety & Supports

- 2,946** Adult SV individuals receiving counselling (*Anova, Regional Centre, 10.33% increase over 2022*)
- 875** Women & children in emergency shelter due to IPV (*Multiple shelters*)
- 2395** # times women turned away due to capacity (*Average length of stay in shelter 48 days, Anova*)
- 23,789** Individuals served in IPV/SV/HT counselling (*Multiple sites, 17% increase in counselling hours over 2022, WRRCSA*)
- 700** Requests from 31 VAW orgs, 1100 hours interpretation in 26 languages & dialects (*Across Languages*)
- 14,321** Individuals receiving addiction & mental health services (*CMHA TVAMHS*)



## Poverty

- 40.8%** Increase in visits to Food Bank over same period last year (*1 in 3 people are first time visitors*)
- 5,287** Families a month (*up 91% from 2021*)
- 1 in 6** Households in London Middlesex are food insecure (*drivers include precarious employment, inadequate social assistance, housing & cost of living*)
- 4510** Families assisted for the 1st time (*34% of total families served*)
- 7%** Food cost increase over 2022
- 170,000** Number of meals served (*Mission Services, all sites*)
- 63** Homeless deaths
- 22,495** Client visits to safe consumption services (*55% increase over 2021, Carepoint*)
- 144** Opioid poisoning & overdoses reversed
- 25,725** Client visits to Counterpoint needle & syringe project
- 4832** Encampment visits (*384% increase in # of urban campsites visited - London Cares*)
- 13,569** Calls for homeless outreach (*283% increase in calls received; 22% of individuals who are unable to access services elsewhere in community - London Cares*)
- 4892** Times individuals turned away from service due to capacity (*London Cares*)

**384,477** people used the Food Bank in 2023, an increase of **42%** over 2022. **6,075** families attended in November, the highest demand for assistance in its 35-year history. **40%** of those individuals are children. Inflation, housing, low social assistance rates & precarious work increase demand. **70%** of Food Banks Ontario are unsure if they'll have enough food to meet the need in their communities. (*LFP, Dec 6, 2023*)

A network of organizations, groups and individuals in London & Middlesex dedicated to ending woman abuse through leadership & actions that achieve both social justice for women & an integrated response to women and their children. Membership includes cross-sector organizations including child protection, justice sector, health, adult & children's mental health, violence against women, community counselling, research, education, family supports, Indigenous & Francophone organizations.